



THE NEXT GENERATION IN ATHLETIC DEVELOPMENT

At Michael Johnson Performance®, our programs are designed to bring out the potential in EVERY athlete. We base all our training on years of research and scientific data. Our goal is to build an athletic foundation from the ground up so we can focus your athlete's training towards any sport, any field, any goal.

OUR MISSION: To help every athlete reach his or her full athletic potential, regardless of age, gender, limitation, sport or natural ability.

HERE'S A SPECIAL OFFER TO HELP YOU GET STARTED:

ONE
FREE
TRIAL
CLASS



Please call MJP to take advantage of
this special offer.

Offer Expires: 5/31/2020

...AND RECEIVE 15% OFF YOUR FIRST TRAINING PROGRAM

www.michaeljohnsonperformance.com/nextgen | 469.424.6572



@MJPC360



@MJP360



@MJPerformance

SPEED. AGILITY. STRENGTH. QUICKNESS.